

PRE-RACE INFO for international competitions in Trail-O 21th-22th May 2011

Competition rules

The Competition Rules for IOF Trail Orienteering Events 2009 and IOF:s Technical Guidelines for Elite Trail Orienteering. Competitors may use only roads marked with black colour on the map. Roads marked with purple cross on the map may not be used. Some black roads are marked with plastic ribbon in terrain. The ribbon may not be crossed. Competitors may not go into the forest.

Competition center

Kauppi sportcenter, Tampere. See map.

In competition center there will be a restaurant and possibility to have lunch (10 €). Lunch will be available at Saturday between 1. and 2. race and on Sunday after the race.

Terrain

Forest terrain with good roads. Mainly good visibility. Competitors may only use roads marked with black colour. Competition area is a very popular park for outside activities. There will be lots of bicycles. **Be aware!**

Map

Kauppi 2010, moderated 2011. Scale 1:5000, contour interval 5 m.. Competitors will get map and control descriptions covered with plastik at start.

Control descriptions

Control descriptions are given with map. The last column of control descriptions shows the viewing direction, if the number of the control doesn't give that information.

Controls

Elit: There are 1-5 flags on controls, blue viewing point with number of the control. There will be no viewing point for controls with only one flag.

A-class: There are 2-5 flags on controls, white viewing point with number of the control.

If flags from other controls are seen from the viewing point there will be marked sectors to show which flags are ment.

Timed controls

There will be 5 flags on timed controls (A-E) in competition 1 and 3. In TempO 6 flags (A-F). There will be no zero controls on timed controls. Competitors are sitting while solving time controls. Answers must be given loud and clear, using Alfa, Bravo, Charlie, Delta, Echo (and in TempO Foxtrot).

Special info for different competitions

1. Competition: Saturday 11 a.m. Long

Elit: -Start near by the competition center. Massstart in groups at 15 min intervals.
 -Distance 1,7 km, total climb 45m. 29 controls, 2 timed controls after finish.
 -Maximum time 140 min.
 -Through many controls, competitors will get two control cards. First 20 controls will be punched on the white card. Controls 21-29 will be punched on the colored card.

A-class: -Distance 1,4 km, 16 controls, 2 timed controls after finish. Max. time 110 min

2. Competition: Saturday 3 p.m. TempO

- Start at competitioncenter
- Same starting groups as in 1. race. (1. group at 3 p.m.; 2. at 3.30 p.m. and 3. at 4 p.m.)
- 8 timecontrol clusters, three controls each. That makes 24 controls together.
- Each cluster have 6 flags (A-F), there will be no zero controls
- All three (3) maps are given at the same time in right order. Answers must be given in that same order. Time starts when maps are given and stops at last answer. There is no timelimit for the answer.
- Total time = times used on each cluster + 45 sek for every wrong answer

The map on the backside of your control card will lead you to the next cluster. There is a circle marking the point where you should wait for your turn. Answers must be given loud and clear, using Alfa, Bravo, Charlie, Delta, Echo and Foxtrot. Competitors are sitting while solving time controls.

3. Competition: Sunday 9 a.m. Long

- Elit:
- Meeting at competition center latest at 8:30 p.m.
 - Start 900 m away. Massstart in groups at 15 min intervals
 - Distance 1,3 km, total climb 20m. 20 controls, 2 timed controls after finish.
 - Maximum time 100 min.
 - Controls 1-7 free order, be careful while punching
- A-class:
- Distance 1,0 km, 14 controls, 2 timed controls after finish
 - Maximum time 90 min
 - Controls 1-3 free order, be careful while punching

Control card and punch

Control card and punch are given in competitioncenter. Competitors may also use their own punch.

Maximum time

The maximum time for each race is given in special info of the race. If maximum time is overtaken will every starting five (5) minutes deduce points by one.

Finish

All competitors come through the finish where time of arrival is written down. After finish follow the given instructions to get to the timed controls.

Results

Every right answer gives one point. The winner of joint competition is the one who gets most points. When points are even besides the time used at timed controls who the winner is.

Results of TempO is counted to joint results as follows:

- change the total time of TempO to points and seconds as follows:
 - max points are 24 p (24 controls)
 - every 60 seconds in total time deduce points by 1p.
 - remaining seconds (under 60s) will be added to total time of timed controls in other competitions.

For example -total time in TempO 0s (perfect performance) ÷ 24p 0s.

-total time 59s à 24p 59s.
-60s à 23p 0s
-179s à 22p 59s (2x60=120s, 24-2=22p, 179-120=59s)
-180s à 21p 0s (3x60=180s, 24-3=21p, 180-180=0s)
-181s à 21p 1s (3x60=180s, 24-3=21p, 181-180=1s)

Prizes

Prizes will be given according to total results of all three competitions.

Toilets

There is a toilet in the competition center. Toilet for handicapped is located nearby at the hospital.

Responsibility

The organizers will not take responsibility of any damage a competitor or an assistant caused to a third person or her/himself.

Officials

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Good luck for the race!

Epilän Esa ry